



PHYSICIANS MEDICAL FORUM

"The ultimate reason to become a medical doctor is to help people. PMF is in this business"

Community Health Ambassadors Internship Program

APPLICATION ANNOUNCEMENT

Community Health Ambassadors Internship Program (CHA) aimed to empower African American/Black and Native American students by preparing them to serve as ambassadors of health and wellness within their family and broader community. A community service learning program, students will engage in skill building and community health education projects, (on Saturdays) over 5 weeks, with orientation tentatively Wednesday, April 8, 2020. For information on this program please visit cha.pmfmd.com.

The CHA Program will include sessions with doctors, faculty and medical students and other mentors who will discuss:

- ❖ Primary Care Medicine including Hypertension, Diabetes, Mental Health
- ❖ Health Care Disparities
- ❖ OB/GYN
- ❖ Orthopedic/Sports Medicine
- ❖ Cardiology 101
- ❖ Practical Skills Sessions including: Examinations, Patient Interviews, Diagnosis, Counseling, and others
- ❖ Personal Statement and Interviewing Skills
- ❖ Presentation Skills
- ❖ Create a health educational video/Powerpoint
- ❖ Networking and mentoring with medical students, residents and physicians
- ❖ Video editing training
- ❖ and more

Who Should Apply?

African American/Black and Native American students in post-baccalaureate programs, college/university, or high school students who are interested in becoming physicians.

NOTE: Please apply early. Space is limited.

How Can You Apply?

Applications can be submitted in one of the following ways:

1. Email your application to cha-program@pmfmd.com
2. Mail application to:
Physicians Medical Forum
Community Health Ambassadors Program
Attn: Dana Abdelqadir, Program Coordinator
6114 La Salle Ave., #601, Oakland, CA 94611 (mailing address only)

What is the Application Deadline?

Please make sure your application is completed and readable. Please make sure that phone numbers and email addresses are correct and legible. Applications will be available on-line at www.pmfmd.com and must be received no later than **Saturday, March 28, 2020 by 5:00 PM.**

Notification of Acceptance

An email confirmation **will be sent only to** those students accepted into the program.

IMPORTANT: Students must reply immediately to this email confirming their attendance. Students will not be accepted into the program until this email confirmation is received. Thereafter, all future communications and next steps will be sent to students via email. Students should check their email frequently and follow-up promptly as indicated.

This program is supported by grants from
Kaiser Permanente Northern California Community Benefit Programs and The California Wellness Foundation

For more information or for questions, please visit cha.pmfmd.com



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PROGRAM APPLICATION

The Community Health Ambassadors (CHA) Program aims to empower African American/Black and Native American students by preparing them to serve as ambassadors of health and wellness within their family and community, while assisting them on their path towards becoming physicians.

A community service learning program, students will engage in skill building and community service projects over approximately 5 weeks (meetings will be held on the Saturdays), with orientation tentatively on Wednesday, April 8, 2020.

Ambassadors will also receive information that will assist them in preparing for medical school, lectures about Primary Care, surgery, and other specialties from physicians, faculty or medical students. The program will conclude with the Ambassadors, working in teams, presenting a community health topic of their choice.

African American/Black and Native American pre-med/college/university, post-baccalaureate and high school students who want to become physicians may apply. Permission from parent/guardian is required for all high school students under 18 years. Students will be accepted to CHA based upon their motivations for becoming a doctors and their commitment to serving minority communities. Students who complete the Doctors On Board Pipeline Program will have receive priority preference for this program.

The application will be accepted no later than March 28, 2020 at 5:00 PM.

PART 1

Name _____
First Middle Last

Address _____

City _____ State _____ Zip _____

Telephone: Cell _____ Home _____ Work _____

Email Address _____

Male Female LGBTQ Marital Status: Single Married Divorced

Name of University/College/High School _____

Year in University/College/High School _____

Major _____ Minor _____ GPA 2017-2018 _____

Race/Ethnic Background: African American/Black Native American other _____
(Check all that apply) Please describe

Date of Birth _____ Age _____ Note: If you are under 18 years old, please provide following info:

Parent Name _____ Home Telephone _____ Cell _____

Parent Address _____ City _____ State _____ ZIP _____
(if different from yours)

Parent Email Address _____

PART 2

EXTRACURRICULAR ACTIVITIES, SERVICE ACTIVITIES AND VOLUNTEER EXPERIENCES –

Please list your extracurricular, volunteering, school activities and indicate offices held. Attach a separate page.

PART 3

Please provide a personal narrative and answer questions below (Maximum 2 pages / 200 words per question. Use bullet points where possible).

1. Why do you want to become a physician?
2. Describe what helped you in deciding to want to become a physician.
3. What type of physician would you like to become and why?
4. Please briefly describe a community health service project you are interested in and why?
(For example, bio-tech, pediatrics, infectious diseases, heart diseases/strokes, Sickle Cell Anemia, mental health & psychiatry, orthopedic, importance of diversity and inclusion among doctors)
5. Please list any tech skills and software program or other you know
(For example, Excel, Power Point, Video editing, YouTube Channel set-up, good writer)

Please return application by:

EMAIL to cha-program@pmfmd.com

OR

MAIL to Physicians Medical Forum

Community Health Ambassadors Internship Program

Attn: Dana Abdelqadir, Program Coordinator

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